

# CHECKING IN ON YOUR FABRY

To help guide our discussion during today's appointment, please mark all of the ways in which Fabry affects your body. Be sure to ask about any test results, using the bottom of this form to record your questions or concerns.



## HEART

- Irregular heartbeat (fast or slow)
- Heart health



## KIDNEYS

- Protein in the urine
- Kidney health



## NERVOUS SYSTEM

- Transient ischemic attack (TIA) and stroke
- Nerve pain
- Intolerance to heat, cold, or exercise
- Pain or burning in the hands and feet
- Vertigo/dizziness
- Brain fog



## LUNGS

- Wheezing
- Difficulty breathing, shortness of breath
- Chronic cough



## MENTAL HEALTH

- Feelings of guilt, worry, isolation, and/or fear
- Depression



## GASTROINTESTINAL

- Nausea, vomiting, cramping, and diarrhea
- Pain/bloating after eating, feeling full after a small amount of food
- Constipation



## EARS

- Hearing loss
- Ringing in the ears (tinnitus)



## EYES

- Fabry cataracts



## SKIN

- Sweating less than normal or not at all
- Small, dark, red spots, mostly between the belly button and upper thighs



## OTHER

- Fatigue (a deep feeling of tiredness)
- Something else:

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Use this space to specify any testing questions, comments, or concerns you may have:

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